

<b>Bibliographic Data</b>	
Authors	M.S. Ajimsha, Binsu Daniel, and S. Chithra
Title	Effectiveness of Myofascial release in the management of chronic low back pain in nursing professionals
PMID	24725797
Citation	Journal of Bodywork & Movement Therapies (2014) 18, 273-281.
Other information if relevant	Not registered.

<b>Methods</b>	
Aim of study	To investigate whether Myofascial release (MFR) when used as an adjunct to specific back exercises (SBE) reduces pain and disability in chronic low back pain (CLBP) in comparison with a control group receiving a sham Myofascial release (SMFR) and specific back exercises (SBE) among nursing professionals.
Design	Randomized clinical trial

<b>Reasons not to cite as evidence</b>
<ul style="list-style-type: none"> <li>- The Agency for Healthcare Research and Quality gave this RCT a quality assessment rating of “fair”. This article is of overall low quality and does not meet our criteria for evidence.</li> <li>- There is no mention of allocation concealment and thus it is unclear if the allocation sequence was blinded to investigators involved in recruitment. This introduces the possibility of selection bias.</li> <li>- There is no description of the randomization procedure. The trial purports to be a randomized trial, but without proper random sequence generation, there is a major risk of selection bias.</li> <li>- Long-term outcomes were not assessed, and it is not known whether the differences observed at post-treatment can be maintained over a long time period.</li> <li>- The study does not appear to have been registered with clinicaltrials.gov making selective outcome reporting an unclear risk of bias</li> </ul>

<b>Additional references or comments if relevant</b>
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